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FOR IMMEDIATE RELEASE

Detroit Area Agency on Aging Hosts Volunteer Fair

Seeking volunteers to help educate and promote healthy aging

Detroit, Michigan (April 18, 2018) – The Detroit Area Agency on Aging (DAAA) is reaching out to individuals and organizations to build a volunteer base to support programs that educate, advocate and promote healthy aging. DAAA is seeking those who possess some of these attributes:

- Experience with small group presentations
- A passion for health and wellness, especially among older adults
- Strong communication and interpersonal skills
- Some interest in fitness, nutrition and/or chronic disease management
- Willingness to provide health benefit information and counseling
- Ability to pack and/or delivery meals during the holidays

“There has been an increase in volunteer need as the aging population increases. Our programs offer proven ways to promote healthy aging and prevent disease but we need help to continue educating and helping older adults live longer and healthier lives,” said Paul Bridgewater, President and CEO.

A volunteer fair will be hosted Thursday, April 19, 2018 at Eastern Market Shed 5 from 11 a.m. to 2 p.m. “This event is open to the public and seniors are encouraged to volunteer and engage, from young people 16 years old to older adults 106 years old...no matter what age you are, you can always lend a helping hand and there is no better way to do it than to volunteer your time helping seniors,” said Charisse Ross, Chief Program Officer.

Attendees can expect to learn about the programs offered through DAAA and what it means to volunteer. A free lunch will be provided. For more information, contact Crisshara Allen at (313) 446-4444 ext. 5325 or allencr@daaa1a.org.

About Detroit Area Agency on Aging

Established in 1980, the Detroit Area Agency on Aging (DAAA) is a nonprofit agency that serves older adults, adults with disabilities and caregivers residing in Detroit, the five Grosse Pointes, Hamtramck, Harper Woods and Highland Park. We are one of 16 Area Agencies on Aging in the state of Michigan and 622 in the nation. Our mission is to educate, advocate and promote healthy aging to enable people to make choices about home and community-based services and long-term care that will improve their quality.

For more information, call (313) 446-4444 or visit <http://www.DetroitSeniorSolution.org>

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