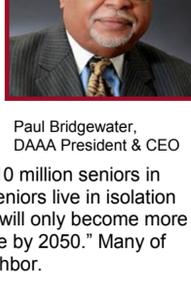


A View from the Bridge

I am very proud that for more than 30 years the Detroit Area Agency on Aging (DAAA) has been able to provide meals to seniors through our Meals on Wheels and Holiday Meals on Wheels Programs. These programs are a vital resource that 2,007 seniors depend on daily and more than 20,000 seniors depend on during the holidays (Thanksgiving, Christmas, Easter, and Labor Day).



Paul Bridgewater, DAAA President & CEO

According to Meals on Wheels America, "More than 10 million seniors in America struggle with hunger and over 15.2 million seniors live in isolation and 18.4 million live in or near poverty. This problem will only become more serious as the senior population is projected to double by 2050." Many of these seniors live in Michigan and could be your neighbor.

We have been fortunate in the past to have supporters like you and are hopeful that you will be willing to join in our efforts to provide meals to home-bound seniors who would not otherwise have a nutritious meal or social interaction.

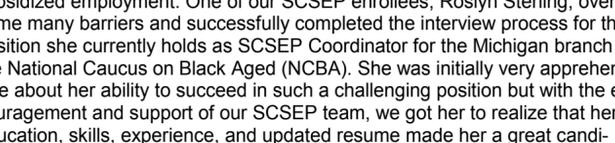
For more information or to make a donation, please call our office at (313) 446-4444 or visit our website at www.DetroitSeniorSolution.org.

Upcoming Events



Detroit Area Agency on Aging
Detroit Meals on Wheels-Holiday Meals on Wheels
Masquerade for Meals
Friday, October 21, 2016
 Roostertail
 100 Marquette Dr.
 Detroit, MI 48214
 7:00 p.m. — 12:00 a.m.
 \$175 per person
 (Sponsorships also available)
 (Includes hors d'oeuvres, cocktails & entertainment)
 For more information, questions or to RSVP contact Rhonda Parker at (313) 446-4444 ext. 5819

We still have tickets left! Join us for our third annual Masquerade for Meals. The Mardi Gras themed masquerade is the kick-off event to our Holiday Meals on Wheels Greeting Card Campaign. Federal programs are unavailable during the holidays; fundraisers and private contributions help raise the necessary funds to feed 20,000 home-bound and disabled seniors during the holiday season.



SUBARU share the love EVENT
 MEALS ON WHEELS AMERICA

Subaru's Share the Love Event is giving Meals on Wheels America Programs the opportunity to raise dollars and awareness by inviting them to join their national marketing campaign.

Subaru will donate \$250 to the customer's choice of participating charities for every new vehicle sold or leased. The higher the sales and the number of customers who select Meals on Wheels America as their charity of choice, the more revenue our Detroit Meals on Wheels program can earn.

THIS YEAR'S EVENT: November 17, 2016 - January 3, 2017

Top Stories

SCSEP Success! Margo Gonzalez, DAAA SCSEP Manager

DAAA's Senior Community (SCSEP) takes great pride in changing the lives of seniors in our program. We work to assist them in eliminating barriers to unsubsidized employment. One of our SCSEP enrollees, Roslyn Sterling, overcame many barriers and successfully completed the interview process for the position she currently holds as SCSEP Coordinator for the Michigan branch of the National Caucus on Black Aged (NCBA). She was initially very apprehensive about her ability to succeed in such a challenging position but with the encouragement and support of our SCSEP team, we got her to realize that her education, skills, experience, and updated resume made her a great candidate. I am proud to say that per her director, Ms. Carter, Roslyn is a strong candidate that is doing extremely well in her new position. We speak frequently with Roslyn and are thrilled that she is thriving in her new position.

Resources that Caregivers Value

Mia Puryear, DAAA Outreach Coordinator, was recently approached by a former caregiver who expressed her gratitude for DAAA resources. She had the opportunity to attend the Creating Confident Caregivers (CCC) workshop offered by DAAA. CCC is a grant-funded program for families caring for someone with memory loss. The six week program offers resources to increase caregiver skills, knowledge, and outlook at no cost.

"It was difficult caring for my mom with dementia who has since passed but I want to say a big thank you to DAAA. I was able to learn and understand how to care for my mom, how to care for myself and give my mom the end of life dignity she deserved," she said.

DAAA's Outreach staff works to expand the reach of DAAA programs and services in the community. We want to continue providing resources to help caregivers address and cope with the challenges of caring for a loved one.

DAAA receives support from the Community Foundation for Southeast Michigan

DAAA was awarded **\$72,000** from Healthy Food Connect, a regional initiative of the Community Foundation for Southeast Michigan, to expand the use of existing available commercial kitchens to provide more congregate and home delivered meals to seniors. The programs goals are to develop a Nutrition Services Incentive Program (NSIP), the "toolkit" that will host best practices, expansion guidance, evaluation of kitchen expansions, and program development resources that address nutrition education. With the grant, DAAA will also plan and implement a Healthy Food Expo that will focus on presenting the "toolkit" to potential NSIP providers.

DAAA to Research and Address the Unique Challenges of Elder Abuse

DAAA recently received a **\$75,000** Federal and Vulnerable Adult Abuse, Exploitation, Neglect Today (PREVNT) Elder Abuse Prevention Grant from the Michigan Department of Health and Human Services (MDHHS) and the Aging and Adult Services Agency (AASA). Given DAAA's existing presence in the community and contact with seniors, DAAA will identify the unique ways that elder abuse is occurring in Detroit and shape strategies accordingly. Under the grant, DAAA will work with Neighborhood Legal Services, Elder Law of Michigan and Wayne State University to develop culturally appropriate screening tools to be used by individuals with diverse points of contact with seniors. Through the PREVNT Initiative, DAAA will implement Elder Abuse prevention and intervention strategies unique to the challenges of urban communities and minority elders in faith-based settings.

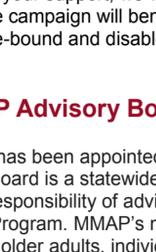
DDOT New Freedom Program Extended

To all our valued participants, as of September 30th 2016 the JARC Program has been discontinued. However, the DDOT New Freedom Program has been extended until December 31st for those of you who are already enrolled in the program. If you have any questions or concerns, give us a call at (313) 446-4444 ext. 5370 and the first available representative will be able to provide you with other options.

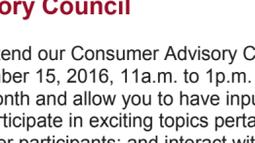
Medicare 2016 Annual Enrollment Begins!

The Medicare Annual Open Enrollment period begins October 15, 2016 through December 7, 2016. Medicare health and drug plans can make changes every year – things like cost, coverage, and what providers and pharmacies are in their networks. This open enrollment period allows people with Medicare to change their Medicare health plans and prescription drug coverage for the following year to better meet their needs.

Call MMAP at **1-800-803-7174** to enroll!



Feature Volunteer



Tamara Perrin

Tamara was selected for nomination because of her commitment and dedication to MMAP. Tamara created a mentor manual for new MMAP Volunteers describing not only the scope of work to be performed, but information about services offered by DAAA, detailed instructions on how to log into the computer system, how to use the telephone, headsets and if needed, how to help cover the reception area. Tamara, being a retired engineer, helped redesign our volunteer workspace to make it more functional and spacious when serving beneficiaries.

Tamara has helped 321 Medicare/Medicaid beneficiaries explore health benefit options, helped beneficiaries apply for Extra Help for Medicare Part D and Medicare Savings Program for Medicare Part B monthly premium cost, and helped beneficiaries save a combined total of \$61,847 yearly with their healthcare medical expenses.

She is very committed to making sure beneficiaries have a very clear understanding of their options so that they can make the very best choice for themselves. Tamara has become a voice for the beneficiary on many occasions when they could not advocate for themselves to get the services they were entitled to.

Tamara was a caregiver for five and a half years to her 104 year old friend who became like a second father to her. As overwhelming as some things may be, Tamara still finds it rewarding to serve. It's in the giving that we all receive. Tamara really enjoys making a difference. It's a natural exhilaration for her. It makes her happy.

VOLUNTEERS NEEDED!

H O L I D A Y

MEALS ON WHEELS

Thanksgiving

Cold Pack

8:00 a.m.

Wednesday, November 23, 2016

Hot Pack/Delivery

6:00 a.m.

Thursday, November 24, 2016



For more information, call (313) 446-4444 ext. 5225

Announcements

Campaign Goals

Thank you to everyone who funded, shared, and got involved in our Friends Don't Let Friends Go Hungry Campaign! With your support, we were able to reach our goal of \$140,000. Proceeds from the campaign will benefit our Meals on Wheels Program, ensuring our home-bound and disabled seniors receive a nutritious meal daily.

Charisse Ross appointed to MMAP Advisory Board

Charisse Ross, DAAA Chief Program Officer, has been appointed to the MMAP Advisory board. The MMAP Advisory Board is a statewide board comprised of professionals charged with the responsibility of advising and ensuring proper governance over the MMAP Program. MMAP's mission is to educate, counsel, and empower Michigan's older adults, individuals living with disabilities, and those who serve them, so that they can make informed health benefit decisions.

Consumer Advisory Council

DAAA invites you to attend our Consumer Advisory Council Meeting that will occur Tuesday, November 15, 2016, 11a.m. to 1p.m. These meetings usually occur every other month and allow you to have input in how support services are delivered; participate in exciting topics pertaining to your well-being; interact with other participants; and interact with service providers. Lunch is provided.

If you are unable to attend the meeting, you can call (313) 396-5568; access code 43322 to join the discussion.

Please join us in welcoming all new DAAA staff! We are so happy to have you all on our team!

Tackling Everyday Issues for Seniors and Their Caregivers... DON'T MISS THE



Every Saturday, 10:00 a.m. to 11:00 a.m. on WCHB 1200 AM Hosted by Paul Bridgewater President & CEO, DAAA

The Detroit Area Agency on Aging (DAAA) is a non-profit organization that provides services and programs to seniors, adults with disabilities and caregivers living in the communities of Detroit, Hamtramck, Harper Woods, Highland Park, and the five Grosse Pointes.

DAAA's mission is to educate, advocate, and promote healthy aging to enable people to make choices about home and community based services and long term care that will improve their quality of life.

