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FOR IMMEDIATE RELEASE

Detroit Area Agency on Aging Sponsors Holiday Meals on Wheels Easter 2017

Holiday Meals on Wheels....More than just a meal

Detroit, Michigan (April 12, 2017) – The Detroit Area Agency on Aging (DAAA) a nonprofit organization with a mission to educate, advocate, and promote healthy aging will be providing 3500 meals to homebound seniors and disabled adults in Detroit, Harper Woods, Hamtramck, Highland Park and the five Grosse Pointes this Easter Holiday.

Many seniors face the challenge of being isolated throughout the year. This can be especially disheartening during the holidays. The DAAA's Holiday Meals on Wheels (HMOW) Program ensures that homebound seniors and disabled adults will not go without a meal on the holiday. The program also serves as a safety check and provides a warm smile from a friendly face for our most vulnerable population. Just a few minutes and a hot nutritious meal from a volunteer can provide a senior with a sense of security, and prevents isolation and anxiety.

DAAA's department directors have taken the lead to recruit their staff not only raise the necessary funds but to pack and deliver meals as well. DAAA knows the importance of these meals and how much they help seniors and disabled adults. DAAA also knows that many seniors look and the meal and visit as a gift. According to Geraldine Mayer a 93 year old HMOW recipient "knowing someone is coming to bring me a meal and check on me is a gift and I am very excited to receive my gift. It means the world knowing that someone cares to feed me and the meals help me remain healthy."

All of the meals will be packed at Valley Services, a national food services company, in its USDA-certified kitchen. **On Friday, April 14** starting at 8:00 a.m., DAAA employees, their families and friends will pack the cold portion of the meals and **on Easter, Sunday, April 16**, starting at 6:00 a.m., they will pack the hot portion of the meal. The meals will be distributed to 11 community sites for door-to-door delivery starting at 8:30 a.m.

The HMOW program relies on community and private funds to deliver nutritious meals, safety checks and friendly visits to our nation's most vulnerable populations. Please consider a donation.

Hot pack and delivery volunteers are still needed! Delivery distribution sites in great need of volunteers:

- New Light, 5240 W. Chicago Blvd., Detroit, MI 48204

To volunteer call (313) 446-4444 ext. 5605 or email hmow@daaa1a.org.

About Detroit Area Agency on Aging

Established in 1980, the Detroit Area Agency on Aging (DAAA) is a nonprofit agency that serves older adults, adults with disabilities and caregivers residing in Detroit, the five Grosse Pointes, Hamtramck, Harper Woods and Highland Park. We are one of 16 Area Agencies on Aging in the state of Michigan and 670 in the nation. Our mission is to educate, advocate and promote healthy aging to enable people to make choices about home and community-based services and long-term care that will improve their quality.

For more information, please call (313) 446-4444 or visit <http://www.DetroitSeniorSolution.org>

(Editors' Note: Media have the opportunity to visit the Valley Services kitchen as well go on a meal delivery for interviews and images.)

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