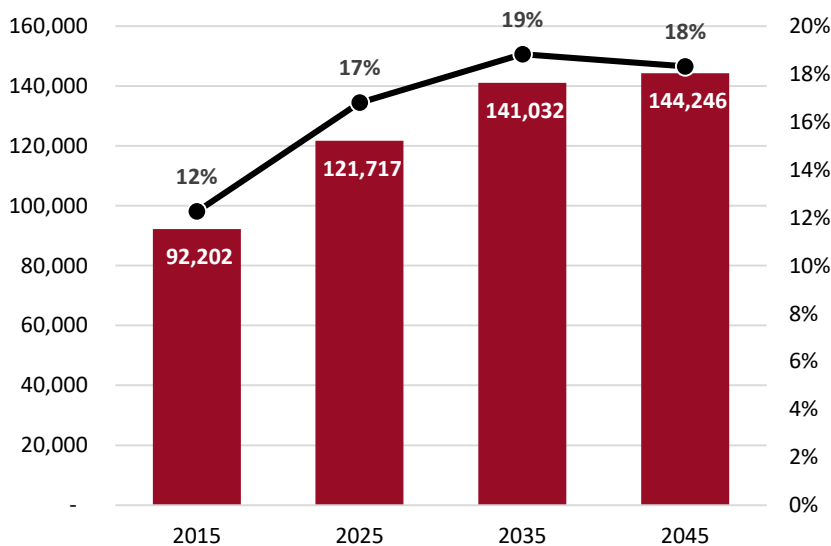


Demographics	DAAA Region		Michigan
Age Range	Number	% of Total Population	% of Total Population
Age 60-64	45,823	30.9%	6.6%
Age 65-74	59,160	39.8%	9.2%
Age 75-84	29,135	19.6%	4.6%
Age 85+	14,340	9.7%	2.1%
<b>Total Population (Age 60+)</b>	<b>148,458</b>	<b>19.3%</b>	<b>22.4%</b>
Race/Ethnicity (Age 65+)	Number	%	%
White	23,249	22.7%	86.8%
Black/African American	75,691	73.7%	10.1%
Asian	1,286	1.3%	1.6%
Other Race/More than One	2,409	2.3%	1.6%
Ethnicity	Number	%	%
Hispanic (Of Any Race)	2,502	2.4%	1.7%
Veteran Status	Number	%	%
Veterans Age 65+	15,930	15.5%	19.8%

Population Forecast of Older Adults (Age 65+) in DAAA Region



**19%**

of the population in the region is over age 60.

**148,458**

older adults aged 60+ live in the DAAA service area.

# Detroit Area Profile of Older Adults, 2020



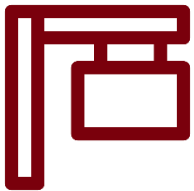
## Housing



**14,025**

older adults (age 62+) in Wayne County live in **subsidized housing**.

There are **wide disparities** in **home values** and **rents** throughout the DAAA region.

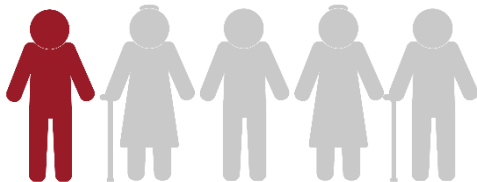


- The **highest home values** and **rents** in the region are in **Grosse Pointe Shores**, where the median home value is **\$455,000**, and median rent is **\$1,766**.
- The **lowest home values** in the region are in **Highland Park**, where the median home value is **\$33,500**, and median rent is **\$617**.

DAAA has completed over **1,800 home repair** projects in the region since 2017, an investment of about **\$3.9 Million**. This allows older adults to **age in place** with access to **safe housing**.



## Poverty



About **1-in-5 older adults** in the DAAA region live in **poverty**, more than **double** the state rate.

**11,283**

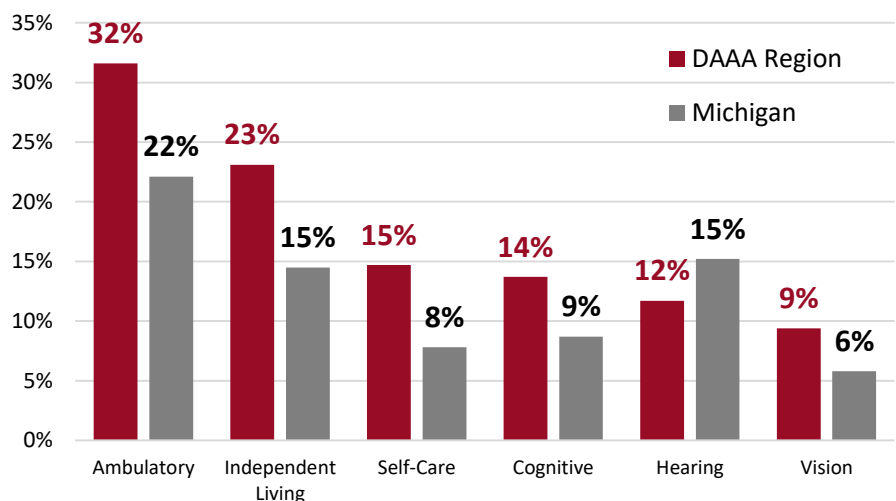
older adults in the DAAA region face **food insecurities**.



## Disabilities

**43,514** older adults (age 65+) in the DAAA region have a **disability**.

Percent of Older Adults with Disability, by Disability Type

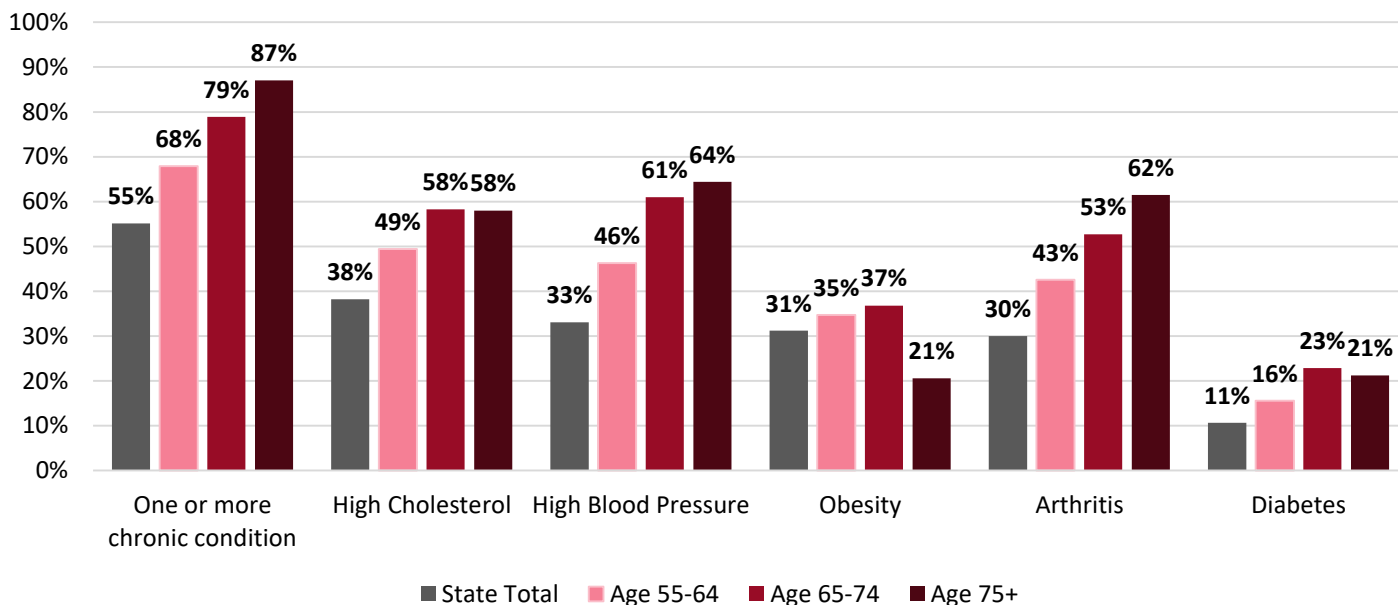


# Detroit Area Profile of Older Adults, 2020



## Health Issues

### Prevalence of Chronic Diseases Among Michigan Older Adults Increases with Age



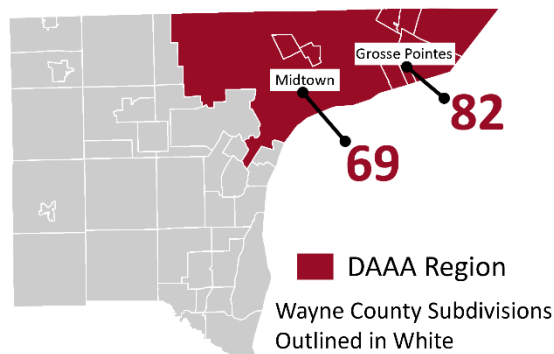
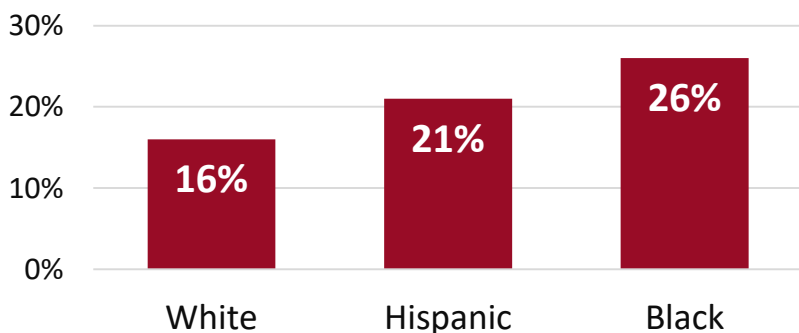
**8,724** older adults in the DAAA region are estimated to have **Alzheimer's or dementia**. Due to under-reporting, there are likely even more older adults living with dementia.

## Racial Disparities in Health

**Racial disparities** in health and healthcare cost Michigan **\$2.2 billion per year**.



### Percent of People Who Reported Being in Fair or Poor Health, by Race



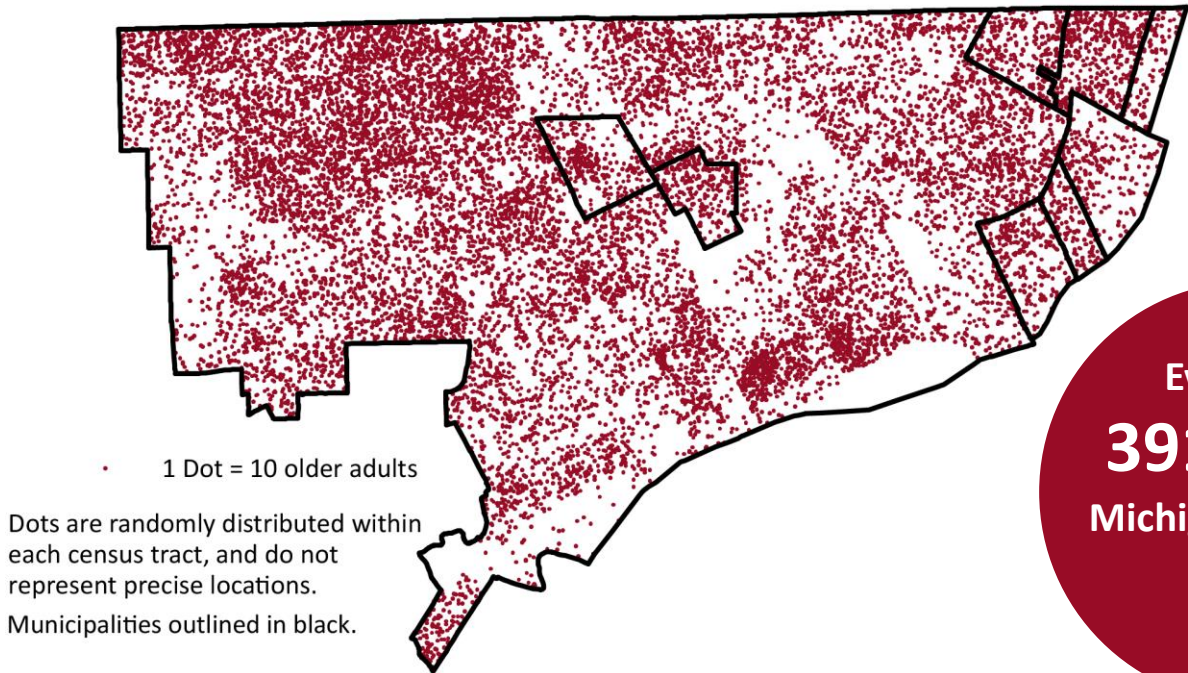
The average **life expectancy** of Midtown Detroit residents is **69**, which is **13 years shorter** than for residents of the Grosse Pointe area, just a few miles away.

# Detroit Area Profile of Older Adults, 2020



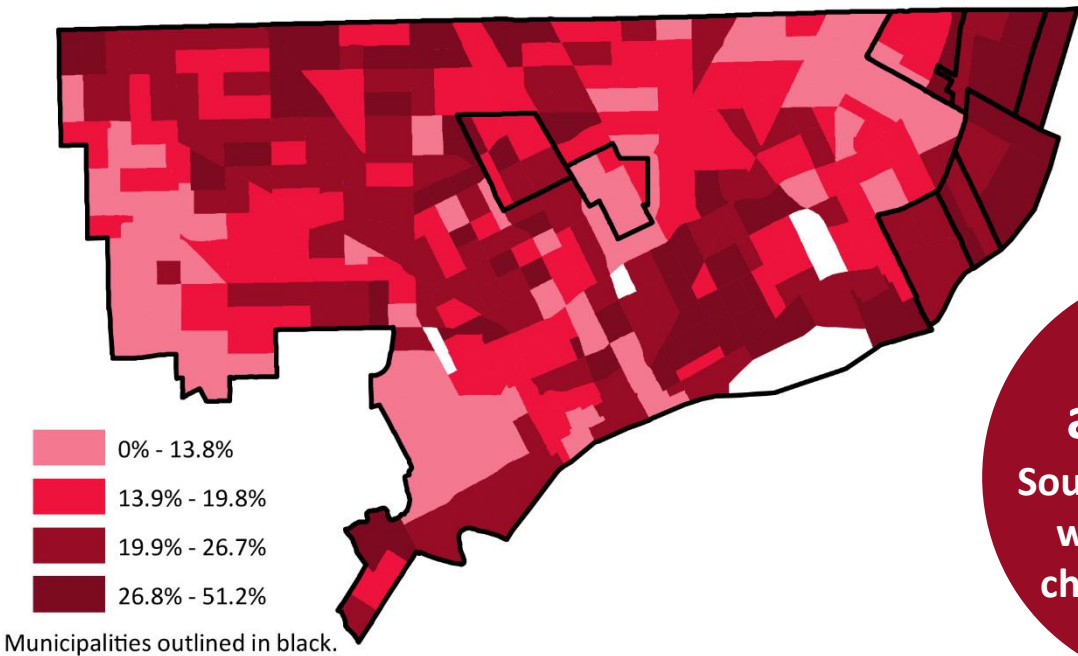
## Population Maps

Population of Older Adults (Age 60+) in DAAA Region



Every day  
**391** people in  
Michigan turn age  
**60.**

Percent of Population Age 60+ in DAAA Region, by Census Tract



Residents  
age **60+** in  
Southeast Michigan  
will outnumber  
children by 2026.



# Detroit Area Profile of Older Adults, 2020



## Caregiving



Michigan has an estimated **1.3 million family caregivers** who provide **1.2 billion hours of care** per year.

**\$14.5 Billion**

Estimated **economic value** of **unpaid family care** in Michigan

## Social Connections

On average, older adults (age 60+) spend **half of their waking hours (7 hours per day) alone**. For older adults living alone, this number climbs to over **10 hours per day**.



**1-in-3 older adults** (age 65+) in the DAAA region **live alone**.

**Depression** occurs in **7% of the older adult population**, but is likely underdiagnosed and undertreated. Depression is related to **poorer health outcomes** in other areas, such as lung disease, hypertension and diabetes.



**Technology use** is becoming more common among older adults. **67%** use the **internet**, **51%** have home **broadband**, and **42%** have a **smartphone**.

### Data Sources

Demographics: U.S. Census Bureau, American Community Survey 2017 5-Year Estimates

Population Forecast: SEMCOG Population Estimates, 2018

Subsidized Housing: The Center for Community Solutions estimate based on 2018 HUD Data via Policy Map; accessed September, 2019.

Home Values and Rents: ACS 2017 5-Year Estimates

Home Repairs: Provided by DAAA in 2017-2019-MI Choice Waiver and MI Health Link

Poverty: ACS 2017 5-Year Estimates

Food Insecurity: Ziliak, Gunderson (2018), *The State of Senior Hunger in America 2017*; ACS 2017 5-Year Estimates

Disabilities: ACS 2017 5-Year Estimates

Chronic Diseases: Michigan Department of Health and Human Services, 2013-2015; accessed July, 2019.

Alzheimer's/Dementia: The Center for Community Solutions estimate based on Journal of Public Health, *Dementia in the USA: State Variation in Prevalence*.

Racial Disparities in Health: AARP Michigan, *Disrupting Disparities: The Continuum of Care for Michiganders 50 and Older*

Population Maps & Facts: Prepared by The Center for Community Solutions, Data from ACS 2017 5-Year Estimates; 2019 Older Adult Needs & Solutions Assessment Key Findings, AAAAM and WSU Institute of Gerontology, 2019; SEMCOG's 2045 Forecast and Implications on the Aging Population  
Caregiving: AARP Michigan, *Disrupting Disparities: The Continuum of Care for Michiganders 50 and Older*

Hours Spent Alone: Pew Research Center, "On average, older adults spend over half their waking hours alone" (2019).

Living Alone: ACS 2017 5-Year Estimates

Depression: World Health Organization, (2017). <https://www.who.int/news-room/fact-sheets/detail/mental-health-of-older-adults>

Technology Use: Pew Research Center, "Tech Adoption Climbs Among Older Adults" (2017).