

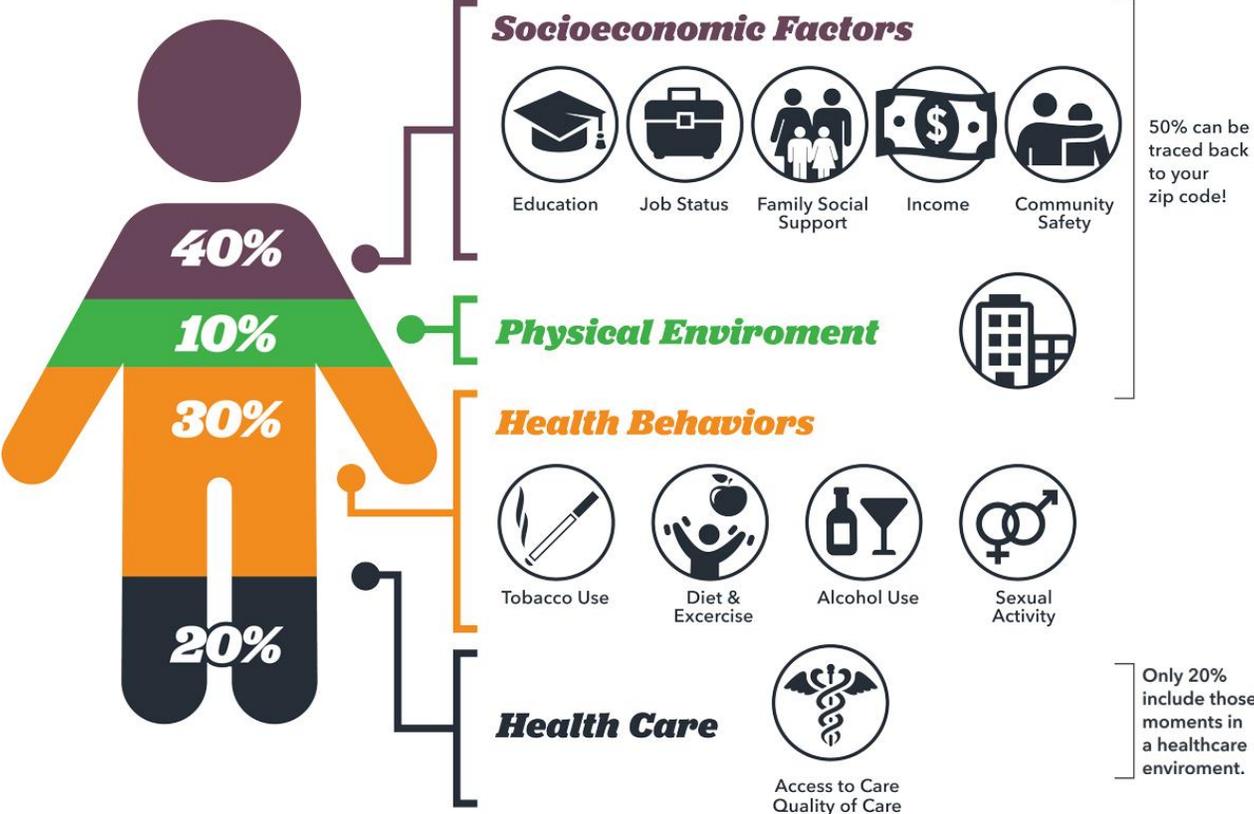
# Social Determinants of Health

Dr. Alexis Travis, Senior Deputy Director, Public Health Administration



# Social Determinants of Health

- Economic Stability
- Neighborhood and Built Environment
- Education Access and Quality
- Food security
- Community and Social Context
- Health Care Access and Quality



Source: Institute for Clinical Systems Improvement, Going Beyond Clinical Walls: Solving Complex Problems (October 2014)

# Why It Matters: The Health & Wellness of Detroiters

- Social determinants of health lead to health inequities in Detroit
- Examples:
  - Inequities in food access across areas of Detroit are linked to dietary practices
  - Air pollutants impact blood pressure, with the strongest effects in residents of Southwest Detroit (National Institute of Environmental and Health Sciences)
  - Poverty rate of 35% - income impacts housing
- Disproportionate impact of SDOH on Communities of Color

*Our environments cultivate our, communities and our communities nurture our health.*

**When inequities are high and community assets are low, health outcomes are worst.**

**When inequities are low and community assets are high, health outcomes are best.**



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# Address food and nutrition, housing, and other social determinants of health

- Health in All Policies approach
- Community directed priorities
- Data-driven insights on inequity and targeted interventions
- Using a health equity lens to remove systemic barriers to reduce disparities and improve health outcomes
- Strengthen home visiting programs' ability to screen, provide closed loop referrals, and enroll individuals in food assistance programs
- Work collaboratively with the Department of Labor and Economic Opportunity to ensure strategic priorities on housing are aligned

## Social Determinants of Health



# Importance of Integrated & Coordinated Care

- Importance of holistic patient care and impact on outcomes
- Healthcare systems can connect vulnerable populations to resources and services
  - What do patients need in the health system?
    - Health Coverage
    - Provider Availability
    - Provider linguistic and cultural competency
    - Quality of Care
- Integrated and coordinated care essential to linking patients with the resources they need, more effective treatment plans
- Improve health, living, and working conditions

# Moving Forward: SDOH

- ▶ Continue addressing social, economic and environmental conditions to ensure Michigan's racial and ethnic populations have the essential resources they need to improve health and advance equity.
- ▶ Invest in building family resilience, improving access to services, uplifting educational opportunities and bringing people out of poverty.
- ▶ Address SDOH in ways that are in alignment with the communities where people live, work and play.
- ▶ Promote SDOH as a top priority for community organizations, healthcare systems and government agencies at all levels.
- ▶ Implement focused, collaborative efforts that include long-term interventions and investments in addressing SDOH.

*Michigan 2020 Health Equity Report*

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